

(一) 身三恶业

(1) shēn sān è yè



身业有三杀盗淫 种种罪业杀最深

shēn yè yǒu sān shā dào yín zhǒng zhǒng zuì yè shā zuì shēn

或逞口欲起杀心 嗜食血肉杀群生

huò chěng kǒu yù qǐ shā xīn shì shí xuě ròu shā qún shēng

或谋钱财起害心 夺人珍宝害人命

huò móu qián cái qǐ hài xīn duó rén zhēn bǎo hài rén mìng

或因戏慢起杀心 践踏蝼蚁伤它命

huò yīn xì màn qǐ shā xīn jiàn tà lóu yǐ shāng tā mìng

或因邪信起杀心 屠杀牲畜祭鬼神

huò yīn xié xìn qǐ shā xīn tú shā shēng chù jì guǐ shén

或因嬉乐起杀心 射鸟猎兽放犬鹰

huò yīn xī lè qǐ shā xīn shè niǎo liè shòu fàng quǎn yīng

或因自杀伤自身 教唆同谋害人命

huò yīn zì shā shāng zì shēn jiào suō tóng móu hài rén mìng

或恃威势施暴行 恣意杖打挥刀刃

huò shì wēishì shī bào xíng zì yì zhàng dǎ huī dāorèn

佛言众生皆平等 己所不欲勿施人

fó yán zhòngs hēng jiē píng děng jǐ suǒ bù yù wù shī rén

天生万物必有因 同住娑婆一家人

tiān shēng wàn wù bì yǒu yīn tóng zhù suō pó yī jiā rén

上天皆有好生德 缘何无故滥杀生
shàng tiān jiē yǒu hào shēng dé yuán hé wú gù làn shā shēng

第二身业是盗取 窃盗业重应切记
dì èr shēn yè shì dào qǔ qiè dào yè zhòng yīng qiè jì

非分之想切莫有 不义之财慎莫取
fēi fēn zhī xiǎng qiè mò yǒu bù yì zhī cái shèn mò qǔ

偷斤减两费心机 以粗易细甚不义
tōu jīn jiǎn liǎng fèi xīn jī yǐ cū yì xì shén bù yì

以短换长施巧计 欺童骗叟图毫利
yǐ duǎn huàn zhǎng shī qiǎo jì qī tóng piàn sǒu tú háo lì

穿门入户偷珍稀 贷放高利谋债息
chuān mén rù hù tōu zhēn xī dài fàng gāo lì móu zhài xī

移篱拓墙侵宅地 欺人无知行诈取
yí lí tà qiáng qīn zhái dì qī rén wú zhī xíng zhà qǔ

或侵公产图私利 或拐儿童诱妇女
huò qīn gōng chǎn tú sī lì huò guǎi ér tóng yòu fù nǚ

或假权势侵公帑 或擅职务索贿款
huò jiǎ quán shì qīn gōng táng huò shàn zhí wù suǒ huì kuǎn

或持枪刀夺人财 鱼肉乡民种灾殃
huò chí qiāng dāo duó rén cái yú ròu xiāng mǐn zhǒng zāi yāng

或组集团行诈骗 受骗无辜泪斑斑
huò zǔ jí tuán xíng zhà piàn shòu piàn wú gū lèi bān bān





窃盗不分大与小 种种罪行业难消
qiè dào bù fēn dà yǔ xiǎo zhǒng zhǒng zuì háng yè nán xiāo

第三身业是淫欲 邪淫罪业无巨细
dì sān shēn yè shì yín yù xié yín zuì yè wú jù xì

一旦沾恋即陷溺 欲海生波风浪起
yī dàn zhān liàn jí xiàn nì yù hǎi shēng bō fēng làng qǐ

佛言爱欲如痴狱 身心煎熬苦难离
fó yán ài yù rú chī yù shēn xīn jiān áo kǔ nán lí

人与禽兽何差异 差在知耻与明礼
rén yǔ qín shòu hé chā yì chà zài zhī chǐ yǔ míng lǐ

威胁利诱夺人妇 拆人良缘毁眷属
wēi xié lì yòu duó rén fù chāi rén liáng yuán huǐ juàn shǔ

贪人美貌暴无辜 毁人贞节最可恶
tān rén měi mào bào wú gū huǐ rén zhēn jié zuì kě wù

沉溺声色销魂窟 日夜寻欢妻儿哭
chén nì shēng sè xiāo hún kū rì yè xún huān qī ér kū

因因果报应了悟 淫欲业重难消除
yīn yuán guǒ bào yìng liǎo wù yín yù yè zhòng nán xiāo chú

奉劝世人当洁身 礼义廉耻当守护
fèng quàn shì rén dāng jié shēn lǐ yì lián chǐ dāng shǒu hù

做妻要做贞节妇 当夫要当忠诚夫
zuò qī yào zuò zhēn jié fù dāng fu yào dāng zhōng chéng fu

人人都把身心顾 家家和乐皆幸福
rén rén dōu bǎ shēn xīn gù jiā jiā hé lè jiē xìng fú

Repent the Obstruction of Karma

(1) The Three Evil Karma of Body

*The body creates karma by killing, stealing, and sexual misconduct
Of all the karma created, killing is the worst*

*To satisfy craving, murderous intent may arise
We killed other beings for their flesh and blood
For the sake of wealth, malicious intent may arise
We robbed and killed others*

*Out of arrogance, murderous intent may arise
We stomped on ants and harmed many lives
Out of deviant beliefs, murderous intent may arise
We slaughtered animals as a sacrifice to spirits
For entertainment, murderous intent may arise
We hunted fowl and beasts with hounds and hawks
By committing suicide, we cause much harm
We incited people to murder others*

*We may misuse power and position to abuse others
We recklessly struck others with clubs and blades
The Buddha said that sentient beings are all equal
Don't do to others what you don't want done to you*

*Everything in the universe exists for a reason
We are all one family in this Saha-world*





*The universe treasures all living beings
Why kill any living thing for no reason?*

*The second Evil Karma of Body is stealing
Remember that stealing creates tremendous karma
Do not take what is not rightfully yours
Do not seek ill-gotten wealth*

*Cheating, even if it is nickel-and-dime, causes us trouble
Passing off inferior things as quality things is dishonorable
To short change others, we schemed and deceived
We tricked children and elders for minor gains
We broke into people's homes to steal valuables
We made loans to others at high interest
We moved our fence to encroach on others' property
We took advantage of innocent people*

*We seized public resources for private gains
We kidnapped children and seduced women
We abused power to embezzle money
We solicited bribes and extorted money
We robbed others with guns and knives
We savagely abused villagers, causing disasters
We engaged in organized crime to defraud others
The victims were left in tears*

*It doesn't matter if the theft is big or small,
Karma created this way is hard to eliminate*

*The third Evil Karma of Body is sexual misconduct
There is no difference in severity for this karma
Once we lust we are overwhelmed and sink
Huge waves will arise on the Sea of Desire
The Buddha said love and desire are like a prison
Our bodies and minds suffer greatly with no escape
What is the difference between man and animals?
The difference lies in our sense of shame and propriety*

*Some threaten others and steal their wives,
Break apart marriages and destroy families,
Covet beauty and abuse the innocent,
And undermine other's chastity, which is despicable
Some lose themselves in sensual pleasure
Days and nights are spent in indulgence as their families cry
We should wake up to the Law of Cause and Effect
Karma from sexual misconduct is hard to eliminate*

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*Advise others to remain pure in body
Let integrity guard us
A wife must be chaste
A husband must be faithful
If we take responsibility for our body and mind,
Every family will be peaceful, happy, and blessed*

